

Not all Home Health Care is the same.

We are all getting older. With age, our health and independence often diminish. While many older Americans have implemented a finance plan, few have a "life care" plan. The reality is that 70% of the population will require some form of long-term care after age 65. Everyone has the right to choose how he or she wants to be cared for. But most are not prepared to choose when the time comes for help.

"Over 30 years ago, my family and I began our journey into home care. My mother's health was declining from multiple sclerosis. We did not know what questions to ask or what our options were. But our family vowed we would always care for mom at home," says Tricia Schaum, owner of Seasons of Care, a home health care company serving the needs of clients across the area.

Seasons of Care home health aides help people with their activities of daily living so they can be safe and healthy in their homes. Adult children cannot always be there when their parents need help. But they can have "peace of mind" knowing that a caregiver has helped their mother or father with bathing, dressing, meal preparation, laundry, errands etc.

"Not all Home Care Companies provide the same level of services and quality."

"Our experience with two other home care providers often did not meet our standards, explains Doug, from Middleburg Heights. "Since Seasons of Care has been caring for my wife, we have been very pleased with the quality of service and care from the caregivers as well as everyone in the office".

As the seasons of our lives change, we owe it to ourselves to know our options. Taking time now to find out about those options before we are faced with an emergency is a wise investment.

So where do you begin? Tricia offers these tips to help you get started:

- **Ask lots of questions.** Ask your loved one what help they need now or would want in the future.
- **Learn what home care is all about.** Find out the difference between Medicare and Medicaid.
- **Gather information from home care providers, facilities, associations & senior centers.** Keep brochures, articles, phone numbers in a file for easy access, if & when life suddenly changes.
- **Talk to your friends, neighbors and coworkers about their care giving experiences.** Over 80% of Seasons of Care's clients are referrals from family, friends, neighbors or co-workers.



Many thanks for the excellent services I received from Seasons of Care "during my illness". Presently I am strong enough to take care of myself and do not need help. I especially want to thank nurses, Mary and Christy. They are devoted to helping people under their care and I believe they are priceless employees of Seasons of Care.

J S., Berea

Bonnie is such a good worker, she sees things that need to be done and does them, I do not have to tell her to do them or how to do them. Nadia is the same way. Very thorough and caring. I really enjoy having them here to help me.

Rich, Parma

Dear Tricia,

I am so thankful that our mutual friend told me about your home health business. You certainly employ the best caregivers! It was a pleasure to have Ryan come also. He worked so well with my husband, and got him to do all his exercises and even took him outside. He has a great personality.

Christy was also a real asset and was willing to do anything. Upon my return to work, I felt very comfortable with the aides just walking in to help my husband, without me here. You can be sure that I am spreading the word around about your home health services. Thanks again for all you did for us! We are most appreciative of everyone and the effort they put forth.

Mrs. R., Strongsville

To obtain a free pamphlet of questions & answers about home care, or to learn more about services

Call 440-274-4000.

Seasons of Care accepts Medicare, Long-Term Care insurance, VA and Private Pay clients.

Seasons of Care Home Health Care

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www.seasonsofcare.com